

**ULTIMATE
OUTDOOR
FITNESS**

SOURCEBOOK

READY TO CREATE A COMMUNITY FITNESS DESTINATION?

WE'VE GOT ALL YOU NEED.



Since 2007, Greenfields has led the way in creating outdoor fitness areas that provide opportunities for entire communities to get fit together.

The Greenfields Difference

- Over 150 units to create the perfect solution for any environment and user demographic
- FREE App!
- Complimentary custom site design
- Customer Support Center for quick responses to maintenance inquiries
- Industry-leading order turnaround time
- Custom colors available
- Exceptional selection of wheelchair accessible equipment
- Purchasing contracts available to streamline procurement
- Shade and site amenities available to create community destinations
- Durable units installed in all 50 states and 7 Canadian provinces, as well as Central America, the Caribbean, Pacific Islands, Europe, Asia, the Middle East, and Australia

Experience all that a fresh-air gym has to offer. Contact us today to get started!



CONTACT US



888-315-9037



info@greenfieldsfitness.com



www.greenfieldsfitness.com



Greenfields Outdoor Fitness



@greenfieldsfitness



Greenfields Outdoor Fitness



@greenfieldsfit

How to use this Sourcebook:

I'm looking for ...

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○ Functional Fitness for calisthenics	
○ Professional Series with adjustable resistance	
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GREAT FOR ANY OPEN SPACE

- Parks
- Trails
- Senior & Community Centers
- HOAs & Apartment Complexes
- Hospitals
- Corporate Campuses
- Schools
- College Campuses
- ROTC/JROTC
- Military Bases



RIVERSIDE PARK
CORAL SPRINGS, FL



ROTARY PARK, NEWARK, OH



VETERANS PARK
ONTARIO, CA



RIVERSIDE PARK
CORAL SPRINGS, FL

**SOLUTIONS
TO FIT YOUR
COMMUNITY**

With over 150 units, it's easy to create an outdoor gym that can be enjoyed together by everyone!



TRAILHEAD PARK
MINNEOLA, FL



CUSTOM PROJECT

BARNETT PARK FITNESS RIG

The Mission:

Make the best use of space in an oddly-shaped area, maximize the fitness opportunities, and spur park visitors forward in their fitness journeys. Greenfields delivered with a completely custom fitness rig specially designed to fit the project parameters. Located in Orlando, FL, the Barnett Park Fitness Rig allows 27 users to exercise in only 1,129 square feet. Features such as the Suspension Trainers and Ring Rows offer an expansive variety of exercises; the Flag Pole challenges users' upper body and core strength; a Ball Target and a Battle Rope attachment point let visitors bring accessories for an even wider variety of activities. Let us help you design your custom rig - see all the features we offer on **page 32** and take a look at our design process on **page 42**.



CUSTOM COLOR



CUSTOM LAYOUT

INCLUSIVE, MULTIGENERATIONAL EXERCISE: RIVERSIDE PARK

An old roller rink was transformed into a fitness destination in Coral Springs, FL! The revamped Riverside Park features several exercise areas:

- **X-Treme Ninja Course 4**
- A custom-designed **obstacle course**
- Multigenerational fitness area featuring Greenfields' **Professional Series** units with adjustable resistance
- A fitness trail with **Legacy Series** and **Signature Accessible™** equipment



X-TREME NINJA COURSE 4



OBSTACLE COURSE



MULTIGENERATIONAL AREA



FITNESS TRAIL

Features six stations located at intervals along a pathway inside the park





INCLUSIVE GYM

BRYAN PARK, MIAMI



NOT JUST ACCESSIBLE - INCLUSIVE

Greenfields Outdoor Fitness is the leader in fresh-air fitness solutions that truly bring the community together! Our patented Signature Accessible™ line (U.S. Patents 9,079,069 and 11,130,039) comprises a dozen units that require no transferring for those with mobility impairments. Now those with physical disabilities can work out not just in the same area, but on the very same units as able-bodied friends and family!



GETTING SOCIAL

Family members, friends, coworkers - everyone can work out together at Greenfields' gyms! Many units in the Legacy Series and Signature Accessible™ lines accommodate two to four users, making exercise social, fun, and inviting! See all the units in the Legacy Series line on **page 38**, at **greenfieldsfitness.com/legacy-series** or by scanning this QR code.



For more on Greenfields' Signature Accessible™ equipment, see **page 36** or **scan the code** to the left for our Signature Accessible video, or visit **greenfieldsfitness.com/accessible-products-page**

PAVE A PATH TO FITNESS

Communities love fitness trails! Install a Greenfields gym along a path and give users strength training opportunities in addition to the cardio benefits. Greenfields recommends installing fitness areas as large clusters along trails, or as pods with multiple units at each. Shield users from the warm midday sun with shade.



This gym, located at Memorial Park District's Eisenhower Park in Hillside, IL, features Greenfields' Sports Park Package. View this and other packages online at greenfieldsfitness.com/fitness-packages



SEE THE VIDEO OF THIS PROJECT!
SCAN HERE



PROFESSIONAL SERIES + PLAYGROUNDS

Give parents an excellent way to fit in a workout while they keep an eye on the kids. Greenfields' Professional Series features bi-directional pistons and Safe-Stop technology, eliminating the risk of recoil should young park visitors try out the equipment.

Equipped with
SafeStop

zer recoil
for enhanced safety



LA PUENTE CITY PARK
LA PUENTE, CA



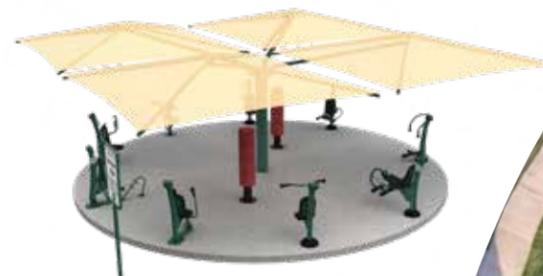
The Professional Series incorporates an adjustable resistance mechanism, allowing users to customize the difficulty level to their own needs. With 20 units - including three for those in wheelchairs - the Professional Series provides parents and other caregivers a complete workout. See more on **page 34**.

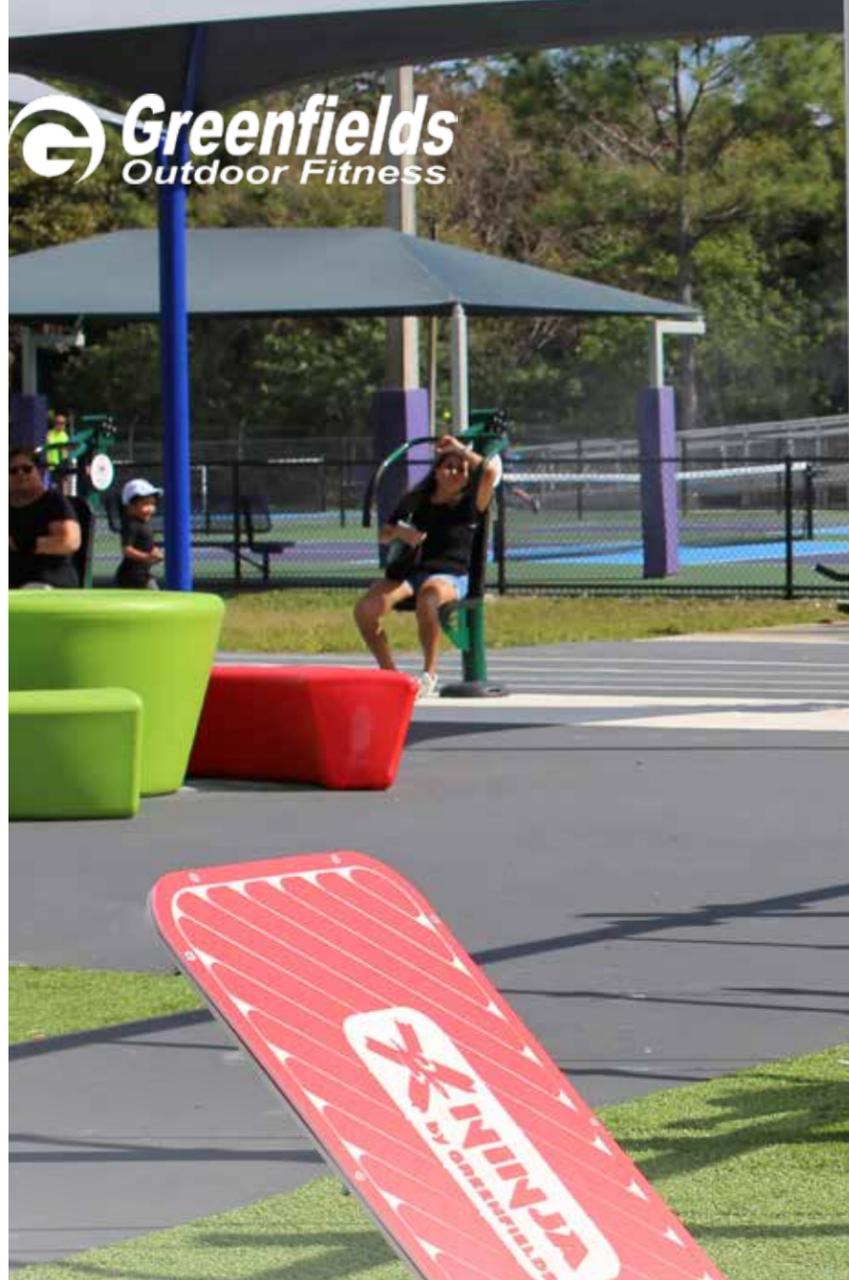


Scan the QR code
to see a video
of this project →



To learn more about shade options for your gym,
visit [greenfieldsfitness.com/site-amenities](https://www.greenfieldsfitness.com/site-amenities)





X-TREME NINJA



RIVERSIDE PARK
CORAL SPRINGS, FL



X-TREME NINJA

by **Greenfields**
Outdoor Fitness

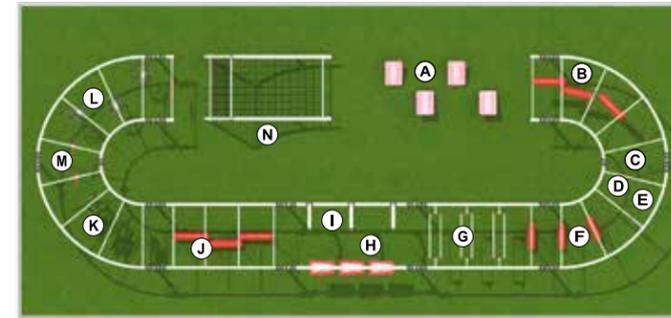
Dive into the thrill of ninja training with **Greenfields'** revolutionary **X-Treme Ninja** Courses, designed to bridge the gap between play and physical activity. Great for kids who have outgrown traditional playgrounds, these courses offer an exhilarating and challenging next step, all while helping kids maintain healthy lifestyles.

Explore four dynamic courses packed with adventurous elements to keep young minds engaged and bodies active. The **X-Treme Ninja** Courses boast fun features such as Cheese Walls, Swinging Ropes, Rock Wall, and a Spider Web Climber. Best of all, ninjas in training can finish each run with a sprint up the exciting Finish Wall as a grand finale to their run through the course.

The **X-Treme Ninja** Courses are perfect for parks, schools and colleges, and other open spaces, and can even be customized to uniquely-shaped areas. Greenfields Outdoor Fitness invites you to transform ordinary spaces into extraordinary fitness adventures. Join the movement and let the X-Treme Ninja Courses redefine outdoor play for the next generation!



SCAN THE CODE OR VISIT
[GREENFIELDSFITNESS.COM](http://GREENFIELDSFITNESS.COM/X-TREME-NINJA-COURSE)
/X-TREME-NINJA-COURSE

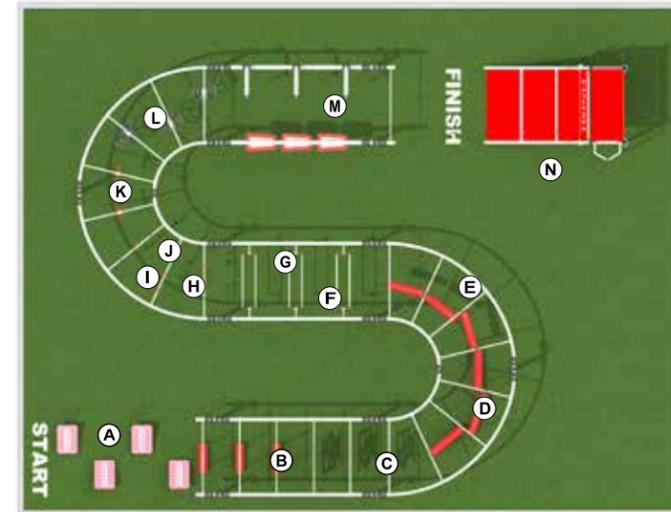


NINJA COURSE 1

COURSE FEATURES:

- | | |
|-----------------------------------|-------------------------------|
| A Slanted Jump Boards | H Hanging Platforms |
| B Spider Walk | I Swinging Rope |
| C Cones | J Hovering Beam |
| D Grip Balls | K Cheese Walls |
| E Rings | L Rotating Cone Wheels |
| F Burmese Floating Bridge | M Swings |
| G Toggle Pull-Up Triangles | N Spider Web Climber |

REQUIRED AREA: 70' X 33'

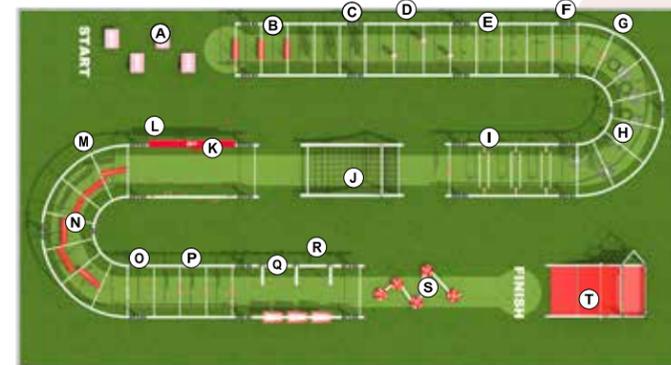


NINJA COURSE 2

COURSE FEATURES:

- | | |
|----------------------------------|-----------------------------------|
| A Slanted Jump Boards | K Swings |
| B Burmese Floating Bridge | L Rotating Cone Wheels |
| C Cheese Walls | M Toggle Pull-Up Triangles |
| D Hovering Beam | N Finish Wall |
| E Spider Walk | |
| F Hanging Platforms | |
| G Swinging Rope | |
| H Cones | |
| I Grip Balls | |
| J Rings | |

REQUIRED AREA: 58' X 44'

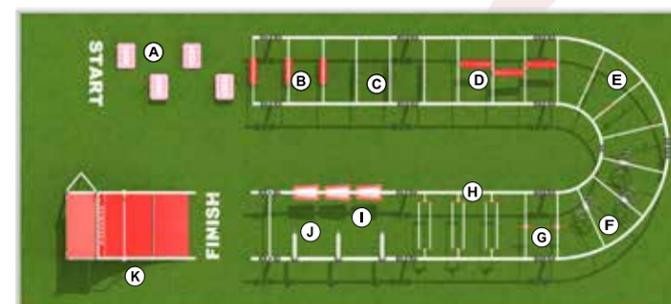


NINJA COURSE 3

COURSE FEATURES:

- | | |
|-------------------------------------|----------------------------|
| A Slanted Jump Boards | L Rock Wall |
| B Burmese Floating Bridge | M Spider Walk |
| C Cheese Walls | N Hovering Beams |
| D Hanging Beams | O Swinging Pins |
| E Rings, Grip Balls, & Cones | P Trapeze Trainers |
| F Swings | Q Hanging Platforms |
| G Tire Swings | R Swinging Ropes |
| H Rotating Cone Wheels | S Vertigo 5 Trainer |
| I Toggle Pull-Up Triangles | T Finish Wall |
| J Spider Web Climber | |
| K Rotating Poles | |

REQUIRED AREA: 85' X 46'



NINJA COURSE 4

COURSE FEATURES:

- | | |
|-------------------------------------|-----------------------------------|
| A Slanted Jump Boards | G Swings |
| B Burmese Floating Bridge | H Toggle Pull-Up Triangles |
| C Cheese Walls | I Swinging Ropes |
| D Spider Walk | J Hanging Platforms |
| E Rings, Grip Balls, & Cones | K Finish Wall |
| F Rotating Cone Wheels | |

REQUIRED AREA: 60' X 30'

Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.



OBSTACLE COURSES

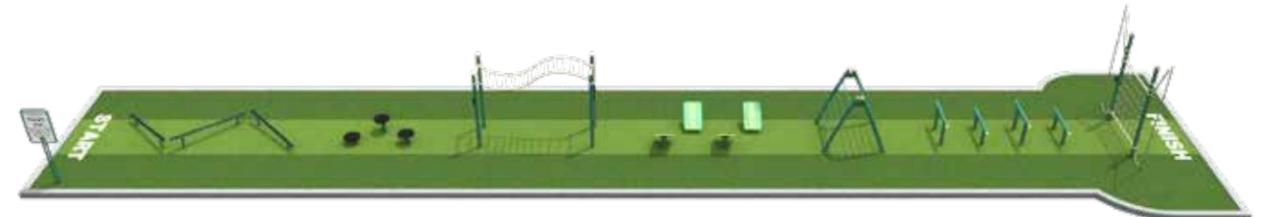


LAYOUT OPTION 1 -
U SHAPE 65' x 39'

OBSTACLE COURSE 2

COURSE FEATURES:

- SGR080** A-Frame Ladder
- SHP509WV** Wave Ladder
- SHP724L** Slanted Jump Boards (Set of 4)
- SHP731** Balance Beams (X3)
- SHP735** Over & Under Bars (Set of 4)
- SHP737** Round Plyometric Steps (Set of 3)
- SHP745** 6x7 Cargo Net



LAYOUT OPTION 2 - I SHAPE 113' x 18'



LAYOUT: 82' x 30'

OBSTACLE COURSE 3

COURSE FEATURES:

- SGR080** A-Frame Ladder
- SHP509** Horizontal Ladder
- SHP509WV** Wave Ladder
- SHP724L** Slanted Jump Boards (Set of 4)
- SHP731** Balance Beams (X3)
- SHP735** Over & Under Bars (Set of 4)
- SHP737** Round Plyometric Steps (Set of 3) (X2)
- SHP745** 6x7 Cargo Net
- CUSTOM** Rotating Pull-Ups to Ring Rows

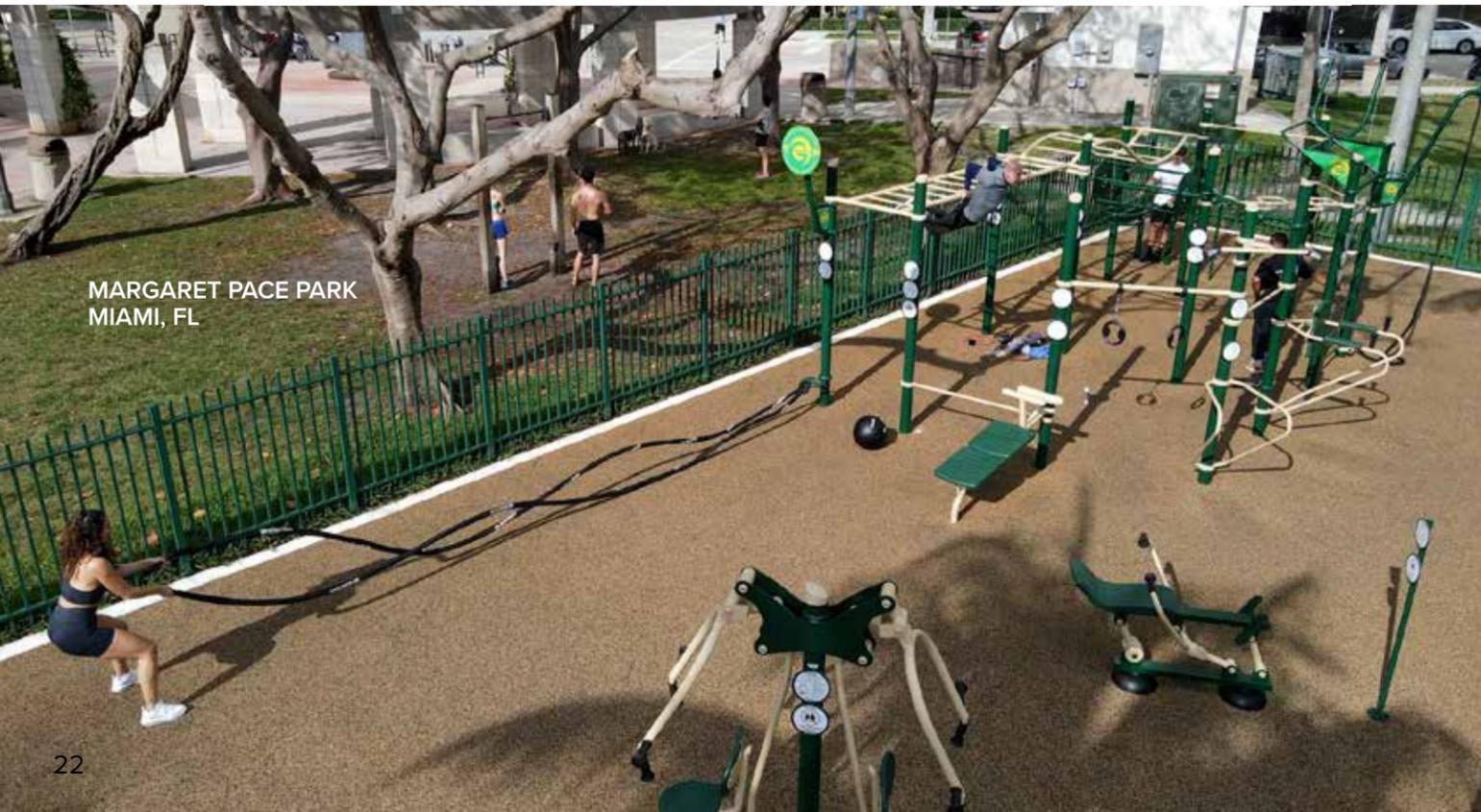


Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing. Fall height varies by package; contact Greenfields for critical fall heights for each unit and surfacing recommendations.



SUNRISE PARK
HALLANDALE BEACH, FL

FUNCTIONAL FITNESS PACKAGES



MARGARET PACE PARK
MIAMI, FL



FUNCTIONAL FITNESS 1

PACKAGE UNITS:

- SGR043** Parallel Bars
- SHP515** Functional Fitness Rig
- SHP724** Plyometric Steps (Set of 3)
- UBX360** Balancing Plate
- SGR105** Customized Announcement Sign

Required Dimensions: 36' x 37'



FUNCTIONAL FITNESS 2

PACKAGE UNITS:

- SGR026** 2-Person Cross Country Ski
- SGR042** 2-Person Upper Body Combo
- SGR048AW** 2-Person Accessible Chest Press
- SGR104** 4-Person Leg Press
- SHP518** 25-Person Mega Functional Fitness Rig
- SHP724** Plyometric Steps (Set of 3)
- SGR105** Announcement Board

Required Dimensions: 48' x 40'



FUNCTIONAL FITNESS PLUS

PACKAGE UNITS:

- SHP518** 25-Person Mega Functional Fitness Rig
- SHP724** Plyometric Steps (Set of 3)
- UBX208** Butterfly
- UBX211** Ab Toner
- UBX217** Squat
- UBX244** Tricep Press
- UBX244W** Accessible Tricep Press
- UBX246** Chest Press
- UBX247** Vertical Press
- UBX247W** Accessible Vertical Press
- UBX248** Shoulder Press
- UBX248W** Accessible Shoulder Press
- UBX255** Arm Curl
- UBX258** Hip Twist
- UBX290** Rower
- UBX292** Stepper
- UBX293** Bench Press
- UBX298** Leg Extension & Curl
- UBX303 (x4)** Kickboxing Station
- UBX360** Balancing Plate
- SGR105** Customized Announcement Sign

See more Functional Fitness packages on our website at [greenfieldsfitness.com/functional-fitness](https://www.greenfieldsfitness.com/functional-fitness)

JOHN PRINCE PARK
PALM BEACH COUNTY, FL



LARGE SIGNATURE ACCESSIBLE PACKAGE

Greenfields' Large Signature Accessible™ Package sets the standard for inclusion with a wide variety of exercises for both the able-bodied and those in wheelchairs. Our unique Signature Accessible™ units accommodate those in wheelchairs without requiring them to transfer, while also serving the able-bodied on the reverse side.

For more details on the package visit greenfieldsfitness.com/large-signature-accessible-sample-package



Small Signature Accessible Package

Turn a compact space into a pocket-size inclusive outdoor gym. This allows for 6 wheelchair users and 6 able-bodied individuals.

Required Dimensions: 34' x 34'

UNITS:

- SGR021** 4-Person Lower Body Combo
- SGR022** 4-Person Pendulum, Abs & Dips Station
- SGR026** 2-Person Cross-Country Ski
- SGR047W** 2-Person Accessible Vertical Press
- SGR048W** 2-Person Accessible Lat Pull
- SGR048AW** 2-Person Accessible Chest Press
- SGR048EW A** 2-Person Accessible Combo Butterfly Config. A
- SGR048EW B** 2-Person Accessible Combo Butterfly Config. B
- SGR077** 8-Person Linear Combo
- SGR091** Rowing Machine
- SGR104** 4-Person Leg Press
- SHP503(x2)** Single Elliptical
- SHP724** Plyometric Steps (set of 3)
- SGR105** Customized Announcement Sign

Required Dimensions: 52' x 52'

GARFIELD PARK
SANTA ANA, CA



MEDIUM PACKAGE 1

UNITS:

- SGR021** 4-Person Lower Body Combo
- SGR022** 4-Person Pendulum, Abs & Dips Station
- SGR026** 2-Person Cross-Country Ski
- SGR042** 2-Person Back & Arms Combo
- SGR047W** 2-Person Accessible Vertical Press
- SGR048W** 2-Person Accessible Lat Pull
- SGR048AW** 2-Person Accessible Chest Press
- SGR048E** 2-Person Combo Butterfly & Reverse Fly
- SGR071** 3-Person Static Combo
- SGR104** 4-Person Leg Press
- SGR105** Customized Announcement Sign

Required Dimensions: 48' x 48'

One of Greenfields' most popular packages, the 10-unit Medium Sample Package 1 is a well-rounded selection of units offering exercises to a vast variety of users.

For more details on the package visit greenfieldsfitness.com/medium-sample-package-1



More packages like this - additional info at greenfieldsfitness.com/fitness-packages



Small Package

Required Dimensions: 36' x 36'



Medium Package 2

Required Dimensions: 41' x 41'



Medium Package 3

Required Dimensions: 48' x 48'



Large Package

Required Dimensions: 49' x 49'



DISCOVERY VILLAGE
BOYNTON BEACH, FL

SENIOR PACKAGES

Outdoor fitness equipment is the ideal solution to help older adults stay active! Greenfields' senior packages include units to help maintain strength and balance and increase range of motion. Regular physical activity is extremely important to help older adults prevent falls. For more details on fitness equipment for seniors, visit [greenfieldsfitness.com/senior-fitness/](https://www.greenfieldsfitness.com/senior-fitness/)

Senior Living Fall Prevention Package

UNITS:

- SGR021** 4-Person Lower Body Combo
- SGR022** 4-Person Pendulum, Abs & Dips Station
- SGR023** 2-Person Air Walker
- SGR026** 2-Person Cross-Country Ski
- SGR048W** 2-Person Accessible Lat Pull
- SGR048AW** 2-Person Accessible Chest Press
- SGR098** Leg Extension
- SGR104** 4-Person Leg Press
- UBX289 (x2)** Upright Bike
- UBX292 (x2)** Stepper w/ Adjustable Resistance
- SGR105** Customized Announcement Sign

Required Dimensions: 52' x 50'



TRAIL PACKAGE



Designed to complement cardio workouts, the 12-unit Trail Package emphasizes upper body and core exercises.

For more details on the package visit [greenfieldsfitness.com/trail-fitness](https://www.greenfieldsfitness.com/trail-fitness)



BIXBY PARK, LONG BEACH, CA



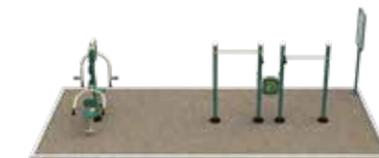
AREA 1:

- SGR048W** 2-Person Accessible Lat Pull
- SHP507** 2-Person Static Combo
- SGR105** Customized Announcement Sign



AREA 2:

- SGR019** 2-Person Incline Sit-Up Bench
- SGR048AW** 2-Person Accessible Chest Press
- SGR105** Customized Announcement Sign



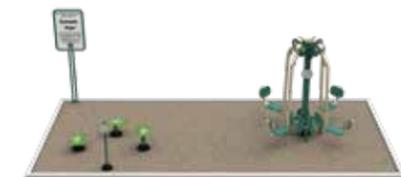
AREA 3:

- SGR042** 2-Person Back and Arms Combo
- SHP510** 4-Person Combo Bars
- SGR105** Customized Announcement Sign



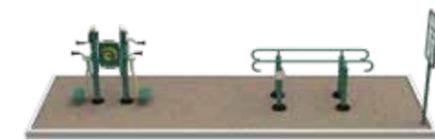
AREA 4:

- SGR021** 4-Person Lower Body Combo
- SGR045** 2-Person Pull-Up Station
- SGR105** Customized Announcement Sign



AREA 5:

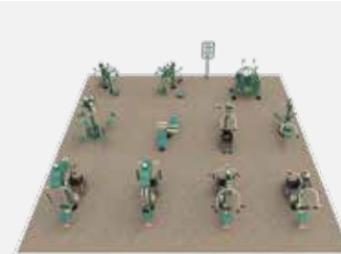
- SGR104** 4-Person Leg Press
- SHP724** Plyometric Steps (Set of 3)
- SGR105** Customized Announcement Sign



AREA 6:

- SGR022** 4-Person Pendulum, Abs, & Dip Station
- SGR043** Parallel Bars
- SGR105** Customized Announcement Sign

MORE OPTIONS



Senior Package 1

Required Dimensions: 45' x 45'



Senior Package 2

Required Dimensions: 43' x 43'



REACH ACADEMY
SANTA ANA, CA

SCHOOL PACKAGES

Greenfields' School Packages are ideal both for P.E. classes and out-of-classtime recreation. Each package can accommodate over 50 students when used in conjunction with supplemental cardio activities.

School Package 1 (shown above)

UNITS:

- SGR033** Multi-Level Bars
- SGR014** 2-Person Dips Station
- SGR019** 2-Person Incline Sit-Up Bench
- SGR042** 2-Person Back & Arms Combo
- SGR047** 2-Person Vertical Press
- SGR048** 2-Person Lat Pull
- SGR048A** 2-Person Chest Press
- SHP510** 4-Person Combo Bars
- SHP724** Plyometric Steps (Set of 3)
- UBX360 (x2)** Balancing Plate
- SGR105** Customized Announcement Sign

Required Dimensions: 47' x 40'



School Package 2

Required Dimensions: 53' x 53'



School Package 3

Required Dimensions: 48' x 48'

Great for Higher Ed!

For more details on fitness equipment for schools, visit greenfieldsfitness.com/school-fitness



VAN BUREN SCHOOL DISTRICT
VAN BUREN, AR

ROTC / JROTC PACKAGES

Provide a rigorous outdoor training environment with Greenfields Outdoor Fitness. With installations at military bases and colleges throughout the U.S. and beyond, Greenfields is an experienced provider of top-notch outdoor training facilities.

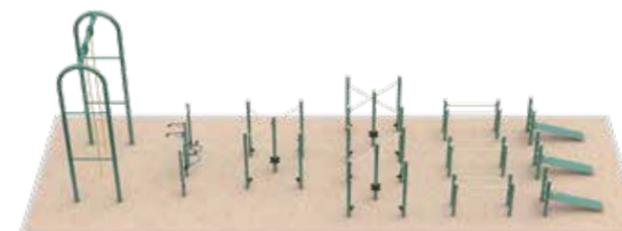
For more details on these packages visit greenfieldsfitness.com/rotc-jrotc

ROTC PACKAGE

UNITS:

- MT011** Parallel Bars (x3)
- MT012** 4-Person Combo Bars (x1)
- MT023** Adjustable Sit-Up Bench (x3)
- MT024** 2-Person Rope Climbing Station (x1)
- MT026** 4-Person Climbing Pod (x3)

Required Dimensions: 76.5' x 25'

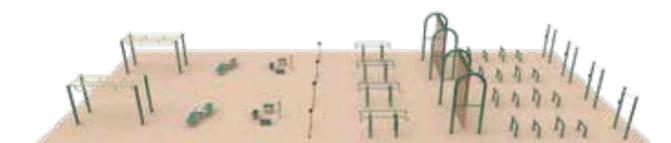


JROTC PACKAGE

UNITS:

- MT008 (x4)** Single Pull-Up Bar
- MT010 (x4)** Push-Up Bar
- MT029 (x2)** Plyometric Steps (Set of 3)
- MT033 (x2)** Upper Body Agility Station
- MT035 (x4)** Over and Under Bars
- MT038 (x2)** 10' Cargo Net Climbing Station
- SGR019 (x2)** 2-Person Sit-Up Benches
- SGR043 (x4)** Parallel Bars

Required Dimensions: 50' x 115'





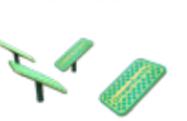
PLANTATION HERITAGE PARK
PLANTATION, FL



For more details about each unit
see our **Functional Fitness Brochure**
or visit [greenfieldsfitness.com/
functional-fitness](http://greenfieldsfitness.com/functional-fitness)



KENNEDY PARK, MIAMI, FL

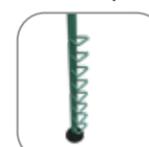
<p>SGR019 2-PERSON INCLINE SIT-UP BENCH</p>  <p>Users: 2</p>	<p>SGR003 PUSH-UP BAR</p>  <p>Users: 1</p>			
<p>SGR014 2-PERSON DIPS STATION</p>  <p>Users: 2</p>	<p>SGR015 2-PERSON PUSH-UPS & DIPS STATION</p>  <p>Users: 2</p>	<p>SGR033 MULTI-LEVEL BARS</p>  <p>Users: 5</p>	<p>SGR043 PARALLEL BARS</p>  <p>Users: 2</p>	
<p>SGR045 2-LEVEL HORIZONTAL BARS</p>  <p>Users: 2</p>	<p>SGR453 3-PERSON PULL-UP STATION</p>  <p>Users: 3</p>	<p>SGR45S SINGLE PULL-UP BAR</p>  <p>Users: 1</p>	<p>SGR070 PULL-UP & DIPS STATION</p>  <p>Users: 2</p>	<p>SGR080 A-FRAME LADDER</p>  <p>Users: 1</p>
<p>SHP504 CAPTAIN'S CHAIR</p>  <p>Users: 2</p>	<p>SHP504N 3-PERSON FITNESS POST</p>  <p>Users: 3</p>	<p>SHP507 2-PERSON STATIC COMBO</p>  <p>Users: 2</p>	<p>SHP508 S-SHAPED JUMP BAR</p>  <p>Users: 1</p>	<p>SHP509 HORIZONTAL LADDER</p>  <p>Users: 1</p>
<p>SHP509WV WAVE LADDER</p>  <p>Users: 1</p>	<p>SHP509S S-SHAPED LADDER</p>  <p>Users: 1</p>	<p>SHP510 4-PERSON COMBO BARS</p>  <p>Users: 4</p>	<p>SHP720 3-BEAM JUMP BARS</p>  <p>Users: 1</p>	<p>SHP722 EXERCISE BENCH</p>  <p>Users: 1</p>
<p>SHP724 PLYOMETRIC STEPS SET OF 3</p>  <p>Users: 3</p>	<p>SHP724L SLANTED JUMP BOARDS</p>  <p>Users: 1</p>	<p>SHP729 POMMEL HORSE</p>  <p>Users: 4</p>	<p>SHP735 OVER UNDER</p>  <p>Users: 1</p>	<p>SHP736 SLALOM COURSE</p>  <p>Users: 1</p>
<p>SHP737 ROUND PLYOMETRIC STEPS</p>  <p>Users: 3</p>	<p>SHP742 3-PERSON KETTLEBELL STATION</p>  <p>Users: 3</p>	<p>UBX303 KICK BOXING STATION</p>  <p>Users: 1</p>	<p>UBX304 MUAY THAI BOXING STATION</p>  <p>Users: 1</p>	<p>UBX360 BALANCING PLATE</p>  <p>Users: 1</p>

BUILD YOUR OWN CUSTOMIZABLE FUNCTIONAL FITNESS RIGS

Push the limits with Greenfields' Functional Fitness Rigs! These exercise stations challenge advanced users and create the ultimate environment for intense outdoor training. Cannonball and lat pull-up stations take upper-body workouts to the next level. Ball targets and attachment points for battle ropes and suspension trainers invite CrossFit-style workouts. Split squat stations and sit-up benches provide lower body and core training. As with Greenfields' other lines, the units incorporate a strong social component to promote community-building as well as fitness.

Ready to start designing your custom fitness rig? **Call us** at 888-315-9037.

RIG COMPONENTS

					
Swedish Ladder	Parallel Bar	Lat Pull-Ups	Captain's Chair	Ball Target*	Split Squat
					
Rotating Pull-Up Wheel	Battle Ropes*	Cannonball Pull-Ups	Flag Pole	Incline Sit-Ups	Incline Ladder
					
High Rings	Assisted Pull-Ups	S-Shape Pull-Ups	Ring Rows	Suspension Trainers	Assisted Push-Ups
					
Dips	Curved Swedish Ladder	Horizontal Ladder	Rope Climb	S-Shape Ladder	Stretching Post
					
Wave Ladder	Assisted Push-Ups	Adjustable Suspension Trainer	Active Bar		

*This feature utilizes an optional add-on accessory that is not intended to be left unattended with the equipment.

 SGR071 3-PERSON STATIC COMBO Users: 3	 SGR072 4-PERSON FUNCTIONAL FITNESS STATION Users: 8	 SGR076 6-PERSON STATIC COMBO Users: 6	
 SGR077 8-PERSON LINEAR COMBO Users: 8	 SGR078 7-PERSON FUNCTIONAL FITNESS COMBO Users: 8	 SHP511 8-PERSON STATIC COMBO Users: 8	 SHP512 10-PERSON STATIC COMBO Users: 10
 SHP513 19-PERSON STATIC COMBO Users: 19	 SHP514 13-PERSON CROSS FITNESS RIG Users: 13	 SHP515 FUNCTIONAL FITNESS RIG Users: 14	 SHP516 X-RIG Users: 8
 SHP517 COMPACT FUNCTIONAL FITNESS RIG Users: 8	 SHP518 25-PERSON MEGA FUNCTIONAL FITNESS RIG Users: 25	 SHP519 MARGARET PACE FUNCTIONAL FITNESS RIG Users: 20	 SHP521 HEXAGON EXTREME RIG Users: 11
 SHP732 MULTI-LEVEL FITNESS RACK Users: 17	 SHP733 23-PERSON ROTC RIG Users: 23		

FUNCTIONAL FITNESS

FUNCTIONAL FITNESS

PRO SERIES

With sixteen tension levels, customizing your workout to your exact needs is easier than ever. Like Greenfields' Legacy Series, the Professional Series with Adjustable Resistance is completely weatherproof and virtually maintenance-free – perfect for urban settings such as condos, rooftops, hotels, green spaces, public parks,

schools, universities, senior centers, and more. Featuring 25 units - including 3 for users in wheelchairs - the Professional Series ensures an inclusive, full-body workout experience.



<p>UBX208 BUTTERFLY</p> <p>Adjustable Resistance</p>	<p>UBX211 AB TONER</p> <p>Adjustable Resistance</p>	<p>UBX215 LEG PRESS</p> <p>Adjustable Resistance</p>	<p>UBX217 SQUAT</p> <p>Adjustable Resistance</p>	<p>*See next page for wheelchair accessible version of this unit</p>	
<p>UBX218 INNER THIGH ADDUCTOR</p> <p>Adjustable Resistance</p>	<p>UBX221 BACK EXTENSION</p> <p>Uses Bodyweight for Resistance</p>	<p>UBX222 SINGLE TAI-CHI</p> <p>Fixed Resistance</p>	<p>UBX223 SIT-UP BENCH</p> <p>Uses Bodyweight for Resistance</p>		<p>UBX244 TRICEP PRESS*</p> <p>Adjustable Resistance</p>
<p>UBX246 CHEST PRESS</p> <p>Adjustable Resistance</p>	<p>UBX247 VERTICAL PRESS*</p> <p>Adjustable Resistance</p>	<p>UBX248 SHOULDER PRESS*</p> <p>Adjustable Resistance</p>	<p>UBX249 SINGLE RECUMBENT BIKE</p> <p>Fixed Resistance</p>		<p>UBX255 ARM CURL</p> <p>Adjustable Resistance</p>
<p>UBX258 HIP TWIST</p> <p>Adjustable Resistance</p>	<p>UBX286 2-PERSON SHOULDER WHEEL</p> <p>Resistance Free</p>	<p>UBX287 SINGLE HAND BIKE</p> <p>Fixed Resistance</p>	<p>UBX288 SINGLE RECUMBENT BIKE (CYCLE ONLY)</p> <p>Fixed Resistance</p>		<p>UBX289 SINGLE UPRIGHT BIKE</p> <p>Fixed Resistance</p>
<p>UBX290 ROWER</p> <p>Adjustable Resistance</p>	<p>UBX292 STEPPER</p> <p>Adjustable Resistance</p>	<p>UBX293 BENCH PRESS</p> <p>Adjustable Resistance</p>	<p>UBX298 LEG EXTENSION & CURL</p> <p>Adjustable Resistance</p>	<p>UBX958 GREENFIELDS RUN - CURVED TREADMILL</p>	

To learn more visit [greenfieldsfitness.com/professional-series/](https://www.greenfieldsfitness.com/professional-series/)

PRO SERIES



COMMIT TO INCLUSION

Jen French
 Jen French
 U.S. Paralympic Medalist

Because of the unique challenges faced by those with mobility impairments, staying fit and healthy can be exceptionally difficult. Fitness facilities with equipment specifically designed for this at-risk demographic are few and far between, and may involve membership fees that present a financial hurdle.

But there is a solution. The patented Signature Accessible™ line (U.S. Patents 9,079,069 and 11,130,039) of exercise equipment by Greenfields Outdoor Fitness is the perfect way to create exercise opportunities for those with mobility impairments.

By installing exercise equipment at parks, community centers, and other public facilities, Greenfields Outdoor Fitness is helping to give every member of the community a way to exercise in an unthreatening, invigorating outdoor environment. Outdoor fitness zones with Signature Accessible™ equipment are both fully accessible and completely free to use. Even better, the fitness zones allow those with disabilities to exercise alongside able-bodied family members and friends.

Greenfields' Signature Accessible™ product line includes machines designed to both strengthen the upper body muscles used to propel manual wheelchairs, and also exercise the reverse muscles to help prevent injuries.

Visit SignatureAccessible.com or call 888-315-9037 to get started creating an accessible outdoor gym for your whole community to enjoy!

<p>SGR047W ACCESSIBLE VERTICAL PRESS</p> <p>Users: 2</p>	<p>SGR048W ACCESSIBLE LAT PULL</p> <p>Users: 2</p>	<p>SGR048AW ACCESSIBLE CHEST PRESS</p> <p>Users: 2</p>	<p>SGR048CW ACCESSIBLE LAT PULL & VERTICAL PRESS</p> <p>Users: 2</p>
<p>SGR048EW A ACCESSIBLE REVERSE FLY & BUTTERFLY CONFIGURATION A</p> <p>Users: 2</p>	<p>SGR048EW B ACCESSIBLE BUTTERFLY & REVERSE FLY CONFIGURATION B</p> <p>Users: 2</p>	<p>SGR048EW2 DOUBLE ACCESSIBLE COMBO BUTTERFLY & REVERSE FLY</p> <p>Users: 2</p>	<p>UBX244W ACCESSIBLE TRICEP PRESS</p> <p>Users: 1</p>
<p>UBX247W ACCESSIBLE VERTICAL PRESS</p> <p>Users: 1</p>	<p>UBX248W ACCESSIBLE SHOULDER PRESS</p> <p>Users: 1</p>	<p>UBX286 2-PERSON ACCESSIBLE SHOULDER WHEEL</p> <p>Users: 2</p>	<p>UBX287W ACCESSIBLE HAND CYCLE</p> <p>Users: 1</p>



SIGNATURE ACCESSIBLE™
 Designed for those using wheelchairs; no transferring needed



LEGACY SERIES
 Body-weight leverage units usable by those who can transfer



PROFESSIONAL SERIES
 Adjustable resistance units usable by those who can transfer

For more details about each unit see the **Signature Accessible™ Brochure** or visit signatureaccessible.com



SIMMS PARK
BELLFLOWER, CA

**LEGACY
SERIES**

Embraced by communities worldwide for its high quality and multigenerational appeal, the Legacy Series offers a wide array of equipment suitable for any greenspace. Many units accommodate multiple users, maximizing the fitness zone's benefits for the community and creating a strong social element. Legacy Series offers a wide variety of exercises including many low impact activities perfect for seniors. Thanks to its rugged construction, the equipment can be placed in any environment with minimal maintenance requirements. Bringing fun, free, social fitness to users worldwide, Greenfields' outdoor fitness equipment is the number one amenity for any community!

To learn more visit [greenfieldsfitness.com/legacy-series](https://www.greenfieldsfitness.com/legacy-series)

<p>SGR009 SINGLE CROSS-COUNTRY SKI</p> <p>Users: 1</p>	<p>SGR021 4-PERSON LOWER BODY COMBO</p> <p>Users: 4</p>	<p>SGR022 4-PERSON PENDULUM, ABS, & DIPS STATION</p> <p>Users: 4</p>		
<p>SGR023 2-PERSON AIR WALKER</p> <p>Users: 2</p>	<p>SGR026 2-PERSON CROSS COUNTRY SKI</p> <p>Users: 2</p>	<p>SGR042 2-PERSON BACK & ARMS COMBO</p> <p>Users: 2</p>	<p>SGR044 ASSISTED BALANCE WALK</p> <p>Users: 1</p>	<p>SGR046 4-PERSON TWISTING STATION</p> <p>Users: 4</p>
<p>SGR047 2-PERSON VERTICAL PRESS</p> <p>Users: 2</p>	<p>SGR048 2-PERSON LAT PULL</p> <p>Users: 2</p>	<p>SGR048A 2-PERSON CHEST PRESS</p> <p>Users: 2</p>	<p>SGR048C COMBO LAT PULL & VERTICAL PRESS</p> <p>Users: 2</p>	<p>SGR048E COMBO BUTTERFLY & REVERSE FLY</p> <p>Users: 2</p>
<p>SGR091 ROWING MACHINE</p> <p>Users: 1</p>	<p>SGR098 LEG EXTENSION</p> <p>Users: 1</p>	<p>SGR102 2-PERSON LEG PRESS</p> <p>Users: 2</p>	<p>SGR104 4-PERSON LEG PRESS</p> <p>Users: 4</p>	
<p>SHP503 ELLIPTICAL CROSS TRAINER</p> <p>Users: 1</p>	<p>SHP506 SINGLE AIR WALKER</p> <p>Users: 1</p>	<p>SHP730 BALANCE STEPS</p> <p>Users: 1</p>	<p>SHP731 BALANCE BEAM</p> <p>Users: 1</p>	

LEGACY SERIES

MILITARY

Greenfields Outdoor Fitness offers a variety of rugged, all-weather units for intense combat training. Greenfields is used by service members on bases across the U.S. and worldwide. Customization is available - call for details.

CAN'T FIND WHAT YOU'RE LOOKING FOR?

We can meet the individual needs of your base or unit with equipment designed to your specifications. Contact us to learn more!

Greenfields' military line is

- Hot Galvanized
- Powder Coated
- Proudly MADE IN THE USA

GSA Contract Holder
#GS-03F-086GA, SIN #192 08

Proudly enhancing physical fitness in America's armed forces:



Also serving the FBI!

EGLIN AFB

THE GREENFIELDS OUTDOOR FITNESS APP

The Greenfields App is the perfect companion to our multigenerational outdoor gyms, giving users the ability to search for gyms near their location, explore exercises available on Greenfields units, create workouts, and log their progress.

Free to download for Android and iOS.



greenfieldsfitness.com/app-download

EXPLORE

Search for gyms near you.

WORKOUT

Customize your routine.

SCAN

Quickly find videos & more.



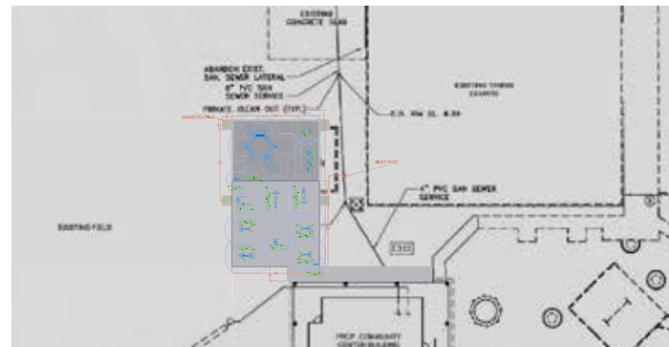
DESIGN ASSISTANCE

01 →

Project Assessment

We consider several factors when helping you design your gym:

- Available space and surrounding area
- Intended users
- Budget



02 —

2D Layout

A basic 2D layout shows the footprint of the gym within the available space.

03 —

3D Rendering

Visualize your fitness center with high-quality 3D images. Greenfields can even superimpose 3D graphics into photos for a realistic representation of the finished product.

THE MAKING OF A GREENFIELDS OUTDOOR FITNESS CENTER



FINISHED PROJECT

Bryan Park, FL

There's no one-size-fits-all approach to fitness! This fitness area's design features lots of accessible exercise equipment to serve the wheelchair tennis league that uses the adjacent courts.

A functional fitness rig provides lots more opportunities for users of all abilities. Ready to bring free fitness opportunities to YOUR community? Contact Greenfields today!



CUSTOM SIGNAGE

SGR105

Greenfields strongly recommends the inclusion of standalone safety signage with each project.

Signage limits liability, denotes age appropriate usage, and can be used to acknowledge donors. Also helps direct users to download the Greenfields App, featuring how-to videos, a workout tracking feature, and more. Customization of layout, graphics, and text is available at no extra charge.

Unit labels feature safety guidelines, exercise instructions, and more!



ADD-ONS



Don't forget the details!

Greenfields Outdoor Fitness is your one-stop shop for nearly any amenity to complement an outdoor gym.

- We can help with ...
- Shade structures
 - Benches
 - Bike racks
 - Trash receptacles

... and more! Call us at 888-315-9037 and we'll help you put together a complete package your entire community will love.

CONTRACTS & PURCHASING CO-OPS

Let us help you simplify the purchasing process - Greenfields is a contract holder with multiple entities including Sourcewell and GSA. Not sure which contract is best for you? Call us at **888-315-9037** and we'll guide you to the right solution.

CONTRACTS

- Sourcewell (Contract #010721-GRN)
- BuyBoard
- OMNIA Partners
- CMAS: California Multiple Award Schedule
- GSA (Contract #GS-03F-086GA)



FAIRHAVEN SOCIETY
BURNABY, BC

WARRANTY

- Limited 10-year warranty on main posts and metal structures
- Limited 5-year warranty on moving parts, bearings, seats, backrests, and HDPE panels
- Limited 3-year warranty on hydraulic pistons
- Limited 2-year warranty on footrests, armrests, rubber parts, chains, rings, other grips, and polyurethane components
- Limited 1-year warranty on battle ropes, climbing ropes, suspension trainers, and cargo nets

All warranties cover failure due to natural deterioration or manufacturing defects and do not include any cosmetic issues or wear and tear from normal use. This warranty does not cover cosmetic items such as scratches, dents, marring, fading, discoloring, weathering, wear and tear, or normal level of rusting. Warranty is valid only if the equipment is installed and maintained in conformity with Greenfields' installation and maintenance procedures furnished by Greenfields Outdoor Fitness. Equipment should not be exposed to any irrigation, especially with reclaimed water, as this will void the warranty. Equipment must be installed on a surface with proper drainage and or slope to prevent water buildup around the base of the equipment. Equipment should not be installed in basins or in low-lying areas which result in equipment being submerged. Equipment should be installed in a timely fashion after delivery; however, if the equipment must be stored for an extended period of time, crates should be stored in a dry, indoor environment.

OTHER PRODUCT INFORMATION

Greenfields will continue to develop its line of products and therefore reserves the right to change the design specifications without notice. The equipment is designed for use by individuals weighing up to 300 pounds. The equipment is NOT intended to be used by individuals younger than 14 years of age unless supervised by adults. Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are regarded as "one size fits most, but not all."

CUSTOMER SUPPORT

Upon written notification (email or fax) to Greenfields of a product's failure to conform to any of the aforementioned warranties during the applicable warranty period, Greenfields shall correct such failure/nonconformity by repairing the defective part(s) or providing replacement part(s) within 60 calendar days of receipt of the notification. Greenfields shall ship the required replacement part(s) to the site free of charge, but will not be responsible for providing labor or the cost of labor for removing defective part(s) or installing replacement part(s). Greenfields will warranty the replacement part(s) for the remainder of the original warranty period. Furthermore, no representation, oral or written, of any individual may be substituted for this exclusive limited warranty. To the extent permitted by law, Greenfields shall not be liable for any direct, indirect, special, incidental or consequential damages, which are expressly excluded from the sale of its product. To make claims under the terms of this warranty, please contact Greenfields' Customer Support Center at CSC@GreenfieldsFitness.com. Please include photos or video.

INSTALLATION

Greenfields' equipment is constructed from heavy steel pipes and is subject to heavy forces and torques when in use as intended. Extra care must be taken to ensure that the equipment is securely installed so that it can be safely enjoyed for years to come. There are two methods of installation for the equipment:

- Surface mount installation with posts bolted to a reinforced concrete slab a minimum of 6"-8" thick (please refer to Installation Instructions & Video for detailed guidelines)
- Permanent in-ground installation in which the equipment post extensions are placed in concrete footings and use provided rebar pegs (please refer to Installation Instructions & Video for detailed guidelines)

Installers and project managers are encouraged to contact Greenfields' Customer Support Center with any questions before, during, and/or after installation. Detailed installation instructions are available for all products and are included in the crates for every order. Often the installation of Greenfields' products is assigned to the lowest bidding contractor. The contractor may not have been in contact with Greenfields prior to the project or seen the detailed Installation Instructions. It is the responsibility of the project manager to ensure installing contractor is provided with the most updated set of Greenfields' Installation Instructions & Installation Video to ensure the validity of the warranty. Should the project installer need a copy of the Installation Instructions, please contact Greenfields' Customer Support Center at 888-315-9037 x105 or by email at CSC@GreenfieldsFitness.com.

SAFETY STANDARDS

This adult outdoor fitness equipment is not intended for use by unsupervised individuals younger than 14 years of age. ASTM recently adopted ASTM F3101-21A Standard Specification for Unsupervised Public Use Outdoor Fitness Equipment. While playgrounds are subject to laws in various states requiring compliance with ASTM and/or Consumer Product Safety Commission (CPSC) guidelines, at time of this publication, and to the best knowledge of Greenfields Outdoor Fitness, there are no state laws requiring compliance with standards set forth by ASTM for outdoor fitness equipment (nor with CPSC guidelines, as none currently exist.) Play equipment can be certified to be in compliance with ASTM by the International Playground Equipment Manufacturers Association (IPEMA), and many agencies have a requirement that they only purchase equipment that is IPEMA certified. However, at this time, this is not possible with outdoor fitness equipment, as IPEMA does not currently certify compliance of outdoor fitness equipment. In addition, at this time there are no programs in place to train certified inspectors for outdoor fitness equipment. Without a state law that requires compliance, specifications are voluntary only. However, Greenfields Outdoor Fitness strives to comply with all of the voluntary specifications of ASTM F3101-21A. Greenfields recommends adding a customized sign to each project to limit liability.

SURFACING MATERIALS

Over the years, Greenfields' product has been installed using the following various types of surfacing. ASTM 3101-21A suggests impact attenuating surfacing for some scenarios. The type of surfacing used is ultimately the choice of the owner and their project manager. When it comes to Functional Fitness, Challenge Course and any other apparatus with an overhead structure, it is advised to use fall attenuating surfacing. Greenfields does not promote the use of one type of surfacing over another – the decision is ultimately up to project owners and their architects / engineers. For project specific information, please contact a Greenfields project manager.

MAINTENANCE & EQUIPMENT UPKEEP

Greenfields Outdoor Fitness equipment is intended to be used by the unsupervised public in a variety of outdoor settings. Greenfields is extremely proud of the safe and durable design of its products, which are built to surpass their warranty under normal usage. Installations worldwide prove this equipment's success in both hot and cold climates, as well as dry and humid conditions. While the units are designed to require, for the most part, little to no maintenance, Greenfields recognizes that heavy and constant usage will require a minimal level of maintenance which will be scheduled based on the specific nature of each project. Installation on an ocean front, or with a direct line of sight to the ocean, will expose the units to salt and will require additional maintenance which is not required at inland sites or in dry climates. Such installations will require a regular freshwater rinse to remove the salt from the units (do not use reclaimed water - exposing the equipment to reclaimed water will void warranty). Greenfields recommends periodic inspection by a maintenance team to ensure each and every apparatus functions as intended. Please refer to the Periodic Inspection Checklist provided with the O&M Owner's Manuals. For project specific information, please contact a Greenfields project manager.

HERE TO HELP

CUSTOMER SUPPORT CENTER

Our Customer Support Center is available to answer questions regarding project layout, pre-installation, installation, and equipment up-keep. Our team has extensive experience and stands ready to provide you with expert guidance.

We provide detailed documentation for installation and maintenance teams to ensure that the gym will function at peak performance for years to come.

The Customer Support Center may be reached at 888-315-9037 x105 or csc@greenfieldsfitness.com.



CONTACT US



Toll Free: 888-315-9037
[North America]

Fax: 866-308-9719



info@greenfieldsfitness.com



www.greenfieldsfitness.com



Greenfields Outdoor Fitness



@greenfieldsfitness



Greenfields Outdoor Fitness



@greenfieldsfit



GREENFIELDS OUTDOOR FITNESS, INC.

Headquarters, Customer Support Center, Assembly Facility, and Distribution Center located in Anaheim, California